

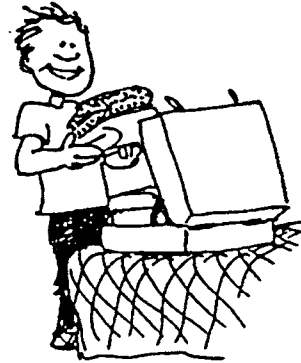
Individual Packing Suggestions

EVERY VOLUNTEER MUST HAVE A COPY OF THIS DOCUMENT!

General Guidelines

Laundry facilities are **NOT** available. Bring enough clothes for the week. Expect work clothes to get dirty, sweaty, painted and tarred. Do not bring your favorite clothes. Pack inexpensive clothing purchased at yard sales or thrift stores and items you would not mind getting really dirty or trashed.

NO VALUABLES, including TV's, stereos, jam boxes, and large amounts of cash. Traveler's checks are recommended for group expenses. We cannot always ensure the security of the center facilities.



Personal Items

Work Clothes:

Shirts with sleeves and long pants must be worn at all times at the work site. DON'T ASK FOR EXCEPTIONS, THIS IS A SAFETY ISSUE! We recommend wearing hard-soled shoes at the work site and tennis shoes when working on a roof. Pack a long-sleeved shirt and baby powder, in the event that you'd be working with fiberglass insulation.

Leisure Clothes:

Pack comfortable, discrete clothing to wear at the center. Shirts must be worn at all times. When leaving the center, walking shorts or capris, and T-shirts are acceptable attire **UNLESS** your group is notified otherwise by your Center Director prior to your arrival.

DO NOT PACK: Sweat pants, short-shorts, shirts ripped out at the seams, half shirts (i.e., no bare midriffs), sleeveless shirts, halter, spaghetti strap, or tank tops, muscle shirts, tight bike pants or shorts or any article of clothing that has bad language or inappropriate logos/slogans (expressing alcohol/beer slogans and/or obscenities, etc.). These types of clothing are unsafe and may be unacceptable in the communities or at families' homes. Do not bring a bikini bathing suit for the picnic and swimming. Plan to wear a nice one piece or appropriate two-piece suit.

Also include:

Bible
personal toiletries:
(soap/deodorant/
shampoo/toothbrush/
toothpaste/etc.)
towels & washcloths
showering shoes
sleeping bag or bedroll
pillow

camping cup/mug for water
cot or air mattress
work gloves
rain gear
light jacket
hat
swimsuit (no bikinis or Speedos)
insect repellent
sunscreen

Optional items:

personal tools (with name)
songs, musical instruments
devotional material
flashlight
pen and paper
fans
clothesline
coveralls

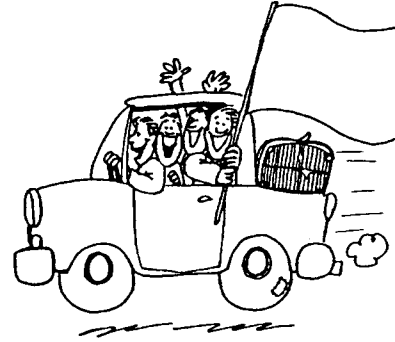
Group Packing Suggestions

EACH GROUP MUST HAVE:

- All necessary forms - filled out! A) **Registration and Medical Release Forms**, B) **Statement of Activities and Release**.
- As many vehicles as work crews; i.e., 4 work crews, 4 vehicles!

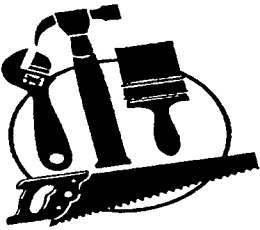
EACH GROUP IS INVITED TO BRING:

- Musical instruments and favorite songs
- Recreational equipment - both indoor and outdoor
- In addition, every group will be asked to provide at least one morning devotional, include any materials necessary to prepare for it.



EACH WORK CREW SHOULD HAVE:

- 1) A fully equipped First Aid kit
- 2) Medical release information forms for **each member** of your crew
- 3) A good size cooler to carry ice, drinks and lunches
- 4) Water jugs
- 5) Ladders - if possible, both step and extension - ASP is in short supply of good, safe usable ladders
- 6) Tool box (with owner's name clearly marked) containing: (see "Everyone should have:")



Everyone should have:

hammer
gloves (work & Latex)
goggles/eye protection
measuring tapes

pencils
nail apron

Items for any job:

rags
plastic
empty 5-gal. buckets
brooms
insect/wasp spray

Items for specific jobs: (ask your Center Director about these)

putty knives (narrow/wide)
utility knives
sandpaper
paint rollers
paint brushes
paint tarp
paint roller extensions
scrapers
pick
shovel
wheelbarrow
cement tools:
(edger/trowel/float)
chisels
wrecking bars
crow bars
files
2-3 ton hydraulic jack

Items at least someone in the workcrew should have:

2-prong electrical adapter
extension cords
circular saw
extra saw blades
sharpened hand saw
screw drivers
pliers
levels
squares
chalk line
staple guns/staples
tin snips
drill
extra bits:
(cement/wood/metal)
utility knives/blades
saw horses